Clay City High School MAY LUNCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
			May - 1 CHICKEN DRUMMIES BISCUIT MASHED POTATOES PEAS FRUIT SALAD JUICE VARIETY MILK	May - 2 CHEESEBURGER CARROTS & DIP SEASONED FRIES STRAWBERRIES LETTUCE & TOMATO JUICE VARIETY MILK	
May - 5	May - 6	May - 7	May - 8	May - 9	
STEAK BITES CORN BREAD RANCH STYLE BEANS CUCUMBER SLICES & DIP PEARS CHOC CHIP COOKIE WG JUICE VARIETY MILK	SPAGHETTI WITH MEAT SAUCE BOSCO STICK WG CAESAR SALAD VEGETABLE MEDLEY APPLESAUCE JUICE VARIETY MILK	CHEESE QUESADILLA FIESTA CORN SALAD W RANCH CHIPS AND SALSA PEACHES JUICE VARIETY MILK	CHICKEN NUGGETS ROLL MASHED POTATOES GREEN BEANS GRAPES JUICE VARIETY MILK	CHEESEBURGER CARROTS & DIP POTATO CHIPS STRAWBERRIES LETTUCE & TOMATO JUICE VARIETY MILK	
May - 12	May - 13	May - 14	May - 15	May - 16	
BBQ PORK FRENCH FRIES COLE SLAW CORN APPLE SLICES JUICE VARIETY MILK	CHICKEN ALFREDO GARLIC TOAST WG PEAS & CARROTS CAESAR SALAD PEACHES CINN. GOLDFISH CRACKERS JUICE VARIETY MILK	SOFT SHELL TACO BLACK BEANS CHIPS AND SALSA LETTUCE & TOMATO GRAPES JUICE VARIETY MILK	BEEF & NOODLES ROLL MASHED POTATOES GREEN BEANS APPLESAUCE JUICE VARIETY MILK	CHARCUTERIE BOWL HARVEST CHEDDAR SUN CHIPS LETTUCE & TOMATO FRESH VEGGIES APPLE SLICES JUICE VARIETY MILK	
May - 19	May - 20	May - 21	May - 22	May - 23	
GENERAL TSO CHICKEN/RICE CUCUMBER SLICES & DIP CALIFORNIA BLEND MANDARIN ORANGES FORTUNE COOKIE JUICE VARIETY MILK	CHICKEN SCAMPI BOSCO STICK WG CAULIF/BROCC CELERY/PEANUT BUTTER PEACHES JUICE VARIETY MILK	TACO SALAD REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	SUBMARINE SANDWICH POTATO CHIPS CAESAR SALAD LETTUCE & TOMATO APPLESAUCE JUICE VARIETY MILK	TEACHER IN-SERVICE DAY	

			Weekly	% of			% of	Weekly
	Average		Target	Target		Average	Calories	Target
Calories	838		750-850	100%	Sugars	46.76* g	22.31%	-
Cholesterol	86	mg			Protein	39.30 g	18.75%	
Sodium	1209	mg	1420		Carbohyd	106.87 g	50.98%	
Fiber	8.49	g			Tot. Fat	28.44 g	30.53%	<=30.0%
Iron	5.71	mg			Sat. Fat	9.94 g	10.67%	<10.00%
Calcium	535.55	mg				•		
Vitamin A	2531	IŬ						
Vitamin C	46.36	mg						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.